

# Occasional Thoughts 6

February 2016

**Zika - Freaka. Frankenstein-trees. 'Alimentary, my dear Watson'. Drums of war.**

## Zika - Freaka

Here we go again. A horrific virus epidemic is underway threatening to kill millions of people on earth, so we had better scrub our aeroplanes with disinfectant. Really?

You should now by know that the global elite need to keep the population in a state of constant fright so that they will capitulate to authority working on 'their behalf'. Thus as well as fear-mongering about terrorists and then migrants, we have the parallel scaremongering about deadly viruses (Ebola, swine flu, SARS, bird flu etc.).

Here are some plain facts regarding this 'crisis'.

### Zika

Zika is a virus that has been on the planet for a very long time and is well known to scientists, being isolated for the first time in 1947 in Uganda. Its pathology is understood and the effects on humans are like a cold or mild flu, (i.e. a mild fever and a skin rash, sometimes accompanied by conjunctivitis and muscle pain) easily shaken off between two to seven days. It is just one of those 'bugs' we fall victim to year by year. There is no evidence that it can cause death. It is usually transmitted by an infected Aedes mosquito bite.

### The Brazil crisis

The scaremongering is due to the number of microcephaly<sup>1</sup> birth defects. We were originally told that there were over 4,000 cases of this in Brazil where it was linked to the Zika virus. This led to panic headlines.

Brazilian researchers have now confirmed that in fact there are only 404 cases of microcephaly in Brazil. Of those 404 there are various causes of central nervous system impairment. A relationship to the Zika virus has only been found in 17 cases. In other words there is no medical panic here at all. If Zika causes microcephaly (and this has never been proved) then it would have been found in all the cases; but even 4,000 is not a pandemic and in fact there are only 17 cases linked to Zika. These figures demonstrate that the virus is not causing microcephaly; there is a possible link in only 4% of cases in Brazil.

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<sup>1</sup> Babies born with smaller heads and brain defects.

## Microcephaly

This condition is well known and recorded in medical literature. Any damage to a foetus can result in this; such as: a pregnant woman falling down stairs, damage to a pregnant woman's abdomen, exposure to a toxic pesticide, drugs etc.

In America there are about 25,000 babies diagnosed with microcephaly every year; but this has not caused panic.<sup>2</sup> Why a panic over 404 cases in Brazil that has a population of 200 million?

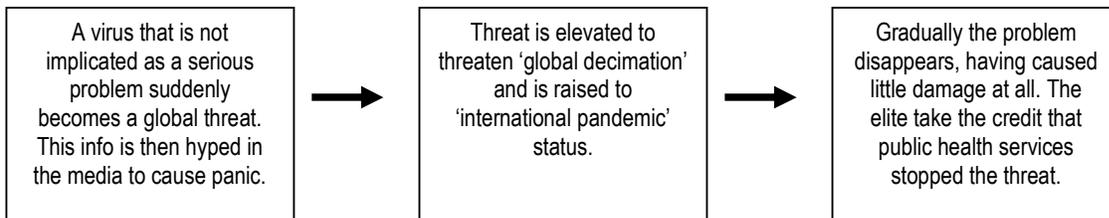
## Panic mongering

The elite led institutions like the US CDC<sup>3</sup> or WHO<sup>4</sup> seem to be instituted to create fear and panic. Time after time they warn of a global pandemic that will kill millions. The BBC News reported, '*Zika-linked condition: WHO declares global emergency*'.<sup>5</sup> This is just a plain lie.

## Cleaning planes

The government must think we are all stupid. The idea that the outside of an aeroplane needs to be disinfected to get rid of mosquitoes is ridiculous. Do they really believe that a mosquito resting on a jet's fuselage would survive speeds through the atmosphere of hundreds of miles an hour? A mosquito would more likely be found on someone's luggage, clothes or resting in hair. You cannot disinfect these.

This is the way the elite panics pan out.



In the case of US Swine flu in 2009, the CDC published a warning of 22 million cases in the US alone. However, an investigative journalist discovered that the laboratory tests were not only showing no Swine flu virus but in most cases submitted to them not even any kind of flu. Her report was shut down, the story eradicated and her home and work computers were hacked. When the scare died down, the public conveniently forgot about the whole thing, ready to be scared by something new like dumb sheep.

As in previous cases, the US is scrambling to produce a new vaccine that is supposed to be vital for our protection, a vaccine that will generate millions of dollars. No doubt a vaccination programme will ensure that could have the devastating effects of earlier vaccines, such as the 1976 Swine Flu vaccine that led to deaths, paralysis (Guillain-Barre syndrome) and hundreds of thousands of folk suffering serious side effects. Ironically, it turned out that there was no Swine flu epidemic whatsoever.

<sup>2</sup> American Institute of Neurology, Stephen Ashwal, David Michelson, Lauren Plawner, William B Dobyns, Special Article 'Practice parameter: evaluation of the child with microcephaly (an evidence-based review)'.

<sup>3</sup> Centre for Disease Control and Prevention.

<sup>4</sup> World Health Organisation.

<sup>5</sup> Michele Roberts, 1 Feb 2016.

### **Cover up**

We should also mention that Brazil uses more pesticides than any other country, including pesticides that are banned in 22 other countries. This ought to be taken into consideration regarding microcephaly, which can be caused by pesticide.

The big pharma, big-agro and GE<sup>6</sup> companies (the usual suspects like Monsanto) are protected by using a scare story to blame a virus for sicknesses that have originated from big-business use of chemicals. This has happened time after time. The trusting public lets them keep getting away with it.

Another factor that has to be taken into account is that Brazil's Ministry of Health dictated in late 2014 for the introduction of the TDAP vaccine for all pregnant women to prevent pertussis.<sup>7</sup> The rise in microcephaly came only months later. This vaccine is already known to have caused terrible side effects. Surely this needs to be investigated as a possible problem. Furthermore, chemicals have been added to the water supply, which no one has investigated for unexpected effects.

### **Conclusion**

- There is no global pandemic.
- The Zika virus has been around forever and it is well understood. It can cause a mild infection similar to a bad cold.
- There is no scientific evidence for a causal link between the Zika virus and microcephaly.
- The WHO, CDC and media scaremongering is just that.
- Do not fear.

## **Frankenstein-trees**

The GE industry is a scandal that I have written about it several times. It is an absolute disgrace that something is pushed on to the public that has not been properly tested and the public is expected to simply trust Monsanto that it is safe. No one knows what the full effects of GM food is because no data has been made available. Worse, all Americans (and most of the rest of us) cannot even find reference to GM labelling on food products.

I will not go into the negative effects of GM food here as I have done that elsewhere. What I want to focus on here is the new science of GE mosquitoes and trees. You could not make this up. They have genetically engineered mosquitoes to try to bring sterility to mosquito populations in certain areas with no understanding of what the consequences may be.

But my biggest fear is the new development of genetically engineered trees to increase the profit on lumber. What!

Apart from the fact that no one knows what the full effect of this may be, there is no way that seeds from GE trees can be restricted to certain areas. Some trees, like pines and poplars, can spread their seeds thousands of miles. What effect will GE seeds have?

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<sup>6</sup> Genetically Engineered.

<sup>7</sup> As did Argentina, Uruguay, Costa Rica, Mexico, Panama, Israel, New Zealand and Belgium and other countries.

The biotech industry plans to bulldoze 184 million hectares of native forest around the world and replace it with GE trees. These areas will have no other plant or animal life, not even insects, just rows of cloned trees.

These trees have been engineered with unnatural abilities, such as killing insects, tolerating colder temperatures and resisting toxic chemicals that aid faster growth rates. Furthermore, the industry is developing traits to boost income. Some are being engineered to grow faster and be disease resistant, or to produce more fruit. What about the extra water more rapid growth will require in a world that is becoming more susceptible to droughts?

Some trees are being engineered to have lower lignin since this polymer must be removed from wood pulp to make paper – which is expensive. However, lignin gives trees structural integrity to withstand weather conditions; reducing lignin makes the trees weaker. Such trees also decompose faster, releasing excess carbon dioxide and they do not foster fungi.

In all GE products the plant becomes more susceptible to disease and have massive amounts of chemicals added to remain viable (herbicides and pesticides). There are no studies to show the effects of this extra chemical pollution to the soil and groundwater. In the US a half a million pounds of toxic chemicals descend in rainwater through aerial spraying alone.

GE plants have already contaminated wild species nearby. For example, GE papaya plantations in Hawaii have already ruined organic papaya farms.

Some scientists have affirmed that no one knows what horizontal gene transfer does to the whole genome where all the genes work together in harmony. Safety in GE is a myth. There is also no way to undo the damage of cross-contamination when it occurs; vast swathes of forests could be contaminated. Then what about the animals, such as birds, that will eat the GE seeds? What about the GE pollen that humans will ingest? There has been no study on such questions and yet the plans are going ahead. It is madness.

The American Academy of Environmental Medicine already advises doctors to warn patients about the health risks of GM food, including: infertility, immune problems, accelerated ageing, faulty insulin regulation and organ problems. These plans will only make this worse.

The company most at fault here is ArborGen, affiliated to Monsanto. The US government has already allowed it to cultivate GE Loblolly pine-trees anywhere in the U.S. without public consultation or information. This is irresponsible corruption of the environment.

## **Alimentary, my dear Watson**

This is just a simple and cursory introduction to a potentially vital subject; it is the health of the gut.

Over recent years it has become more and more understood how vital the intestines and their gut flora are to the body. Trillions of bacteria are present in the gut, more than human cells, and these have a huge part to play in digestion and health.

Thus eating correctly is vital to the health of the gut and thus the health of the whole body. However, don't bother with all those expensive probiotic drinks, they are useless. Many are not healthy at all, containing sugar and other harmful substances, but even seemingly good

ones are hopeless because the acid in the stomach destroys them before they get to the intestines. Curiously, simple foods are very good, such as porridge oats, which the gut bacteria seem to enjoy feasting on and thus proliferate.

More amazing than this is the fact that we now know that there are millions and millions of nerve cells present in the gut; so many that some medical researches have called the gut a small brain. Then it was discovered that the health of the gut was directly related to mental health and that depression can stem from poor gut health.

This centre of nerve cells in the gut also makes sense of the, now established, case that certain vaccinations can destroy gut flora and cause autism. The cases of child autism in the last 20 years closely parallels the rise of the MMR vaccine. That this vaccine is useless is proved by epidemics of measles in the US in areas where take up of the MMR vaccine was very high while cases of measles in non-vaccinated areas was much lower.

Now this is not the place for a detailed analysis of all this; my point here is simply to show you that digestion and care of your gut is very important. In fact, there is recent evidence that cancer can be cured by dealing with metabolic issues, centred in the gut. The key to one cancer cure is metabolic balance rather than filling the body with toxic chemotherapy chemicals. It seems that when the metabolism is unhealthy, cells change from aerobic processes to anaerobic fermentation, and become cancerous. I haven't studied this properly so I cannot make further comment, but it doesn't surprise me that a cancer cure involves a healthy gut.

So, take care of your gut. Eat healthy, avoid sugar like the plague, have a balanced, fresh food diet (organic if possible) that includes good fats (especially Omega 3), drink plenty of water and avoid fizzy drinks. Keep away from all processed food, and that includes all the polyunsaturated spreads that are very unhealthy; use butter, which is extremely beneficial.

You are what you eat.

### **Naturopathic and allopathic medicine.**

Following on from gut health, I thought it useful to explain the change from naturopathic medicine to allopathic medicine.

Allopathy is the treatment of disease by conventional means, i.e. with drugs having effects opposite to the symptoms. In other words it is using chemicals to destroy a toxin or alleviate a symptom. Naturopathy is using natural means, such as vitamins and diet, to treat a medical symptom.

Now there are medical problems where the use of modern drugs is invaluable and I think all would accept this. However, drugs always have side effects and the problems caused by cocktails of drugs (many older British people can have up to 20 different pills a day) are immense and unpredictable.<sup>8</sup> In some cases drugs have caused unnecessary deaths and were later taken off the market. So, some drugs are vital but only considering drugs instead of natural therapies is stupid. The problem today is that busy doctors, all too often, see a medical issue and just throw pills at it.

Furthermore, there are very many occasions when allopathic medicines have failed, such as in treatment of cancer, but vitamins have cured a patient completely, even after they

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<sup>8</sup> In America old people take an average of 28 drugs daily while children under 18 take 4. Adults between 19-64 take 13 prescription drugs daily. [Source: Kaiser Permanente, 'Retail Prescription Drugs filled at pharmacies', 2014.]

were given only weeks to live by an allopathic doctor. I personally know someone who had a golf-ball sized brain tumour for twenty plus years, which caused terrible problems, but (against the doctor's advice) took very high doses of vitamin C and the tumour evaporated within three months. Cases like this are common.

So diet can cure illnesses, and this has been understood for centuries, but is now largely ignored. Indeed, many chronic diseases are the effect of nutrient deficiencies.

The question is: if diet, and especially vitamins, can cure disease, why are doctors not prescribing this free source of health? The answer is money. Changing a person's diet does not make a profit for the pharmaceutical companies who profit from sickness followed by the selling of drugs.

The shift from natural remedies (including effective cancer cures) was orchestrated by the global elite, and particularly the Rockefeller Institute for Medical Research after 1901. Rockefeller used propaganda to turn the medical industry from natural methods to oil-based derivatives, creating the pharmaceutical industry ('big pharma'). This was because Rockefeller was an oil giant who wanted to profit from oil by-products.

The first stage was when Simon Flexner, head of the Rockefeller Institute, and his brother Abraham (contracted by the Carnegie Foundation) produced the Flexner Report, which resulted in massive changes to the previous naturopathic system. Any cure that could not be patented was dismissed as 'quackery' and the sole focus of medicine became synthetic drugs, which eventually became the biggest money-making industry in the world.

Instead of medicine being centred upon curing a person's illness, it was focused on making a profit. Much of the knowledge that 'food is medicine' that was held in society became lost as older people with this local knowledge died out. I can remember in 1970, when I became ill with severe stomach pains (it later turned out that I had an ulcer), I happened to be in a hippie commune where one of the guys was a herbalist. He immediately gathered various herbs from widow boxes and made a sort of broth. I drank this and my pain went away immediately and I was well for several days. This sort of knowledge is now mostly gone.

I should add that never has there been a time when this knowledge was more necessary since most people buy absolute junk to eat, and cook food in dangerous ways (such as microwaves). We eat synthetic, toxic food that makes us ill and then treat the sickness with synthetic toxic drugs. What can go wrong?

The first solution is for people to eat good quality, preferably organic, local fresh produce and cook it in safe ways (such as steaming) and to eat as much raw produce as possible since cooking destroys vitamins and minerals in the food. For example olive oil has massive heart benefits that are known but not understood; however, if you heat olive oil it oxidises and becomes toxic.

Then, when someone gets sick the first stage is to consult a nutritionist (not a dietician who tend to be very ignorant of key issues) who can advise what vitamins and minerals need to be boosted. They can also form a useful triage for doctors, sending someone to a GP when they feel it necessary. In certain cases taking the right kind of vitamin supplement may be necessary (most supplements are useless).

Now due to soil depletion, even organic produce may not give you the amount of vitamins and minerals you need. Modern farming methods have severely depleted the soil so that it does not contain the benefits that it used to. For example: to get the necessary iron that in the 1940 was available in a portion of spinach at dinner, you would now need to eat a

bucketful of spinach. Dr Mercola gives an example that to get the amount of iron from one apple eaten in 1950 you would now need to eat 26 apples.<sup>9</sup>

Nutritionists have had huge success, such as successfully treating dementia patients with B12 and CQ10; treating cancer patients with iodine or vitamin C and so on.

Some diseases are actually caused by food intolerance and the answer to these conditions is to remove certain foods from the diet, such as gluten, not prescribing chemicals.

So, while not entirely dismissing the benefits of synthetic drugs for some illnesses, it is estimated that up to half of the treatments of disease can be dealt with by the proper use of nutrition. Whenever possible we should let the body heal itself and not foist upon it dangerous toxins.

## Drums of war

I have long warned of a global economic collapse and we are now seeing the beginnings of this unravel. Even Janet Yellen of the US Federal Reserve (after raising rates only weeks ago due to a ‘recovery’) has been forced to admit to Congress that the world’s economy is in trouble. Recently the price of gold went up 4% in one day while stocks collapsed. Queues of people, and even banks, were lining up to try to get physical gold in London this week. The markets all over the world are falling dramatically. There is no doubt the collapse is on.

Now I also mentioned that one way to cover up the economic mess, caused by relying upon more and more debt in a global Ponzi scheme, was to start a world war. This would not be the first time this has been done. While I hoped it would not happen, the signs are not looking good.

Saudi Arabia has formally declared that it will invade Syria and is mobilising 150,000 troops.<sup>10</sup> Turkey has also threatened invasion. This is massive – yet the western media is ignoring it. Republican Virginia state Senator Dick Black said that Saudi Arabia and Turkey are the biggest threats to world peace.<sup>11</sup>

Meanwhile, Russia’s military campaign is such a massive success that the US has been bombing civilian areas in Aleppo with A-10 Tankbuster aircraft and blaming the deaths upon Russia. Western media report the false American claims but fail to mention the technical reports (timed to the minute) of Russian generals demonstrating that it was actually US aircraft that killed the civilians.<sup>12</sup>

Assad declares that he will continue to rid Syria of rebels and to free his nation, and is castigated in the western media for this. Yet he is Syria’s sovereign, elected leader and is

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<sup>9</sup> Mercola.com; ‘Documentary sheds light on the benefits of vitamins’. This article prompted my thoughts in this section.

<sup>10</sup> ZeroHedge, Tyler Durden, ‘Saudi Arabia prepares to send special forces to Syria; will fight as part of US-led coalition’, 9 Feb 2016. CNN Arabia reported that Saudi Arabia would send 150,000 troops by way of Turkey. The Saudi Press Agency confirmed this deployment and added that it was proposed by the US. Reuters reported that US Defence Sec. Ash Carter, welcomed the Saudi offer participate in ground operations, which he stated was against ISIS (which is a joke since Saudi Arabia supports the Sunni ISIS) - Reuters, Andrea Shalal, ‘US Defence Chief welcomes Saudi offer on troops in Syria’, 4 Feb 2016. See also Sputnik News, ‘Against Russia? Saudi invasion in Syria “would be beneficial for US”’, 9 Feb 2016.

<sup>11</sup> RT, ‘Saudi Arabia & Turkey are greatest dangers to world peace – VA state Senator’, 12 Jan 2016.

<sup>12</sup> RT, YouTube, ‘US A-10s bomb Aleppo, blame Moscow – Russian Defence Ministry’, 11 Feb 2016.

very popular with most of the Syrian people. What right has the west to demand that he must go? What right has the west to support Syrian rebels that include ISIS?

So all this is lining up for a catastrophic confrontation. The US, NATO, Turkey, Saudi Arabia and the Gulf States are lining up to wage war on Syria while Russia is fully committed to defending Assad. Putin has even said that he will make Syria his 'Stalingrad'.<sup>13</sup> If war erupts, this will become the western allies versus Syria and Russia. However, China now has very close ties to Russia, especially regarding oil supply<sup>14</sup> and financial connections, and it is not impossible that China could join in. Furthermore, as this is essentially a war of Sunnis versus Shiites, Iran could also team up with Syria and Russia.

A world war is entirely possible. Britain would certainly be involved and already is via SAS advisors, training camps and RAF airstrikes. A war on this scale would bankrupt Britain for a hundred years.

The west has, throughout this sorry affair, been the continual aggressor and Assad the victim of the west's interventions (not least the creation and supply of ISIS). Yet none of this is reported in the western media. The claims of working for peace and promoting humanitarian actions are a complete lie.

A full-on war will also increase the immigration problems to impossible levels, at a time when our economy is collapsing, our debts increasing and the cost of a future war devastating. Our government is pursuing a ridiculously stupid policy (by supporting US imperial strategies) that could destroy Britain. Yet no comment on the BBC.

Scripture quotations are from The New King James Version  
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<sup>13</sup> Referring to the sacrificial defence of Stalingrad in WWII against Hitler.

<sup>14</sup> Russia is now the biggest seller of crude oil to China, overtaking Saudi Arabia. RT, 'Russia steals Saudi's crown as China's top oil supplier', 3 Feb 2016.